



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Seeber, Jakob

Club: Flieden

Number: 112

Course: 16.00 km

16 km-Lauf

Category:

Männer (20-29)

Total time: 1:12:58

Speed: 13.16 km/h

Running performance: 4:34 min/km

Rank in course/Total: 10 (of 154)

Rank in course/Men: 10 (of 92)

Best time in course: 59:39

Rank in category: 5(of 13)

Best time in the category: 59:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	36:17	4:32	4	6:16	9	6:16	8.00	36:17	4:32	4	6:16	9	6:16
Parkplatz an der	8.00	36:41	4:35	5	7:03	11	7:03	16.00	1:12:58	4:33	5	13:19	10	13:19