



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

**Grau, Phillip**

Club: Erfurt

Number: 38

Course: 16.00 km

16 km-Lauf

Category:

männliche Jugend U18 (16-17)

Total time: 1:17:11

Speed: 12.44 km/h

Running performance: 4:49 min/km

Rank in course/Total: 14 (of 154)

Rank in course/Men: 14 (of 92)

Best time in course: 59:39

Rank in category: 1(of 2)

Best time in the category: 1:17:11

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	8.00	40:23	5:02	1	-	19	10:22	8.00	40:23	5:02	1	-	19	10:22
Parkplatz an der	8.00	36:48	4:35	1	-	12	7:10	16.00	1:17:11	4:49	1	-	14	17:32