



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Gerlach, Aenne

Club: Luisenthaler SV

Number: 34

Course: 16.00 km

16 km-Lauf

Category:

Frauen (20-29)

Total time: 1:17:24

Speed: 12.40 km/h

Running performance: 4:50 min/km

Rank in course/Total: 15 (of 154)

Rank in course/Women: 1 (of 62)

Best time in course: 1:17:24

Rank in category: 1(of 6)

Best time in the category: 1:17:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	40:32	5:03	1	-	2	0:21	8.00	40:32	5:03	1	-	2	0:21
Parkplatz an der	8.00	36:52	4:36	1	-	1	-	16.00	1:17:24	4:50	1	-	1	-