



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Trinks, Patrick

Club: SV Sömmerda e. V.

Number: 137

Course: 16.00 km

16 km-Lauf

Category:

Senioren M35 (35-39)

Total time: 1:17:36

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 16 (of 154)

Rank in course/Men: 15 (of 92)

Best time in course: 59:39

Rank in category: 3(of 15)

Best time in the category: 1:03:16

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	8.00	39:04	4:53	3	7:48	13	9:03	8.00	39:04	4:53	3	7:48	13	9:03
Parkplatz an der	8.00	38:32	4:48	4	6:32	18	8:54	16.00	1:17:36	4:50	3	14:20	15	17:57