



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Greiner, Heidi

Club: SV Sömmerda e.V.

Number: 210

Course: 9.30 km

9 km-Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 1:13:53

Speed: 7.31 km/h

Running performance: 7:56 min/km

Rank in course/Total: 43 (of 45)

Rank in course/Women: 17 (of 18)

Best time in course: 49:05

Rank in category: 5(of 5)

Best time in the category: 52:46