



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

**Seeber, Martin**

Club: Luisenthaler SV Abt. Fußball

Number: 113

Course: 16.00 km

16 km-Lauf

Category:

Senioren M35 (35-39)

Total time: 1:18:51

Speed: 12.18 km/h

Running performance: 4:56 min/km

Rank in course/Total: 20 (of 154)

Rank in course/Men: 19 (of 92)

Best time in course: 59:39

Rank in category: 5(of 15)

Best time in the category: 1:03:16

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	8.00	39:52	4:59	4	8:36	14	9:51	8.00	39:52	4:59	4	8:36	14	9:51
Parkplatz an der	8.00	38:59	4:52	6	6:59	22	9:21	16.00	1:18:51	4:55	5	15:35	19	19:12