



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

**Stiebling, Max**

Club: Die Teigmacher

Number: 127

Course: 16.00 km

16 km-Lauf

Category:

Senioren M30 (30-34)

Total time: 1:20:00

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 24 (of 154)

Rank in course/Men: 22 (of 92)

Best time in course: 59:39

Rank in category: 2(of 6)

Best time in the category: 1:11:01

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	8.00	42:32	5:18	3	7:10	31	12:31	8.00	42:32	5:18	3	7:10	31	12:31
Parkplatz an der	8.00	37:28	4:41	2	1:49	14	7:50	16.00	1:20:00	5:00	2	8:59	22	20:21