



# 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

## Detailed evaluation

**Stiebling, Max**

Club: Die Teigmacher

Number: 127

Course: 16.00 km

16 km-Lauf

Category:

Senioren M30 (30-34)

Total time: 1:20:00

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 24 (of 154)

Rank in course/Men: 22 (of 92)

Best time in course: 59:39

Rank in category: 2(of 6)

Best time in the category: 1:11:01

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                  |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Zwischenzeit     | 8.00        | 42:32         | 5:18            | 3           | 7:10           | 31          | 12:31         | 8.00          | 42:32         | 5:18            | 3           | 7:10           | 31         | 12:31         |
| Parkplatz an der | 8.00        | 37:28         | 4:41            | 2           | 1:49           | 14          | 7:50          | 16.00         | 1:20:00       | 5:00            | 2           | 8:59           | 22         | 20:21         |