



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

Limmer, Daniel

Club: Erfurt  
Number: 224

Course: 9.30 km  
9 km-Lauf

Category:  
Männer (20-29)

Total time: 1:17:00

Speed: 7.01 km/h  
Running performance: 8:17 min/km

Rank in course/Total: 45 (of 45)

Rank in course/Men: 27 (of 27)

Best time in course: 39:10

Rank in category: 3(of 3)

Best time in the category: 40:55