



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Schmidt, Jan

Club: TC Suhl

Number: 102

Course: 16.00 km

16 km-Lauf

Category:

Senioren M50 (50-54)

Total time: 1:22:08

Speed: 11.69 km/h

Running performance: 5:08 min/km

Rank in course/Total: 29 (of 154)

Rank in course/Men: 26 (of 92)

Best time in course: 59:39

Rank in category: 2(of 8)

Best time in the category: 1:16:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	40:24	5:02	2	1:55	20	10:23	8.00	40:24	5:02	2	1:55	20	10:23
Parkplatz an der	8.00	41:44	5:13	2	3:34	32	12:06	16.00	1:22:08	5:08	2	5:29	26	22:29