



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Brosowski, Jana

Club: Suhl

Number: 9

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 1:22:10

Speed: 11.68 km/h

Running performance: 5:08 min/km

Rank in course/Total: 30 (of 154)

Rank in course/Women: 4 (of 62)

Best time in course: 1:17:24

Rank in category: 1(of 13)

Best time in the category: 1:22:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	40:56	5:06	1	-	3	0:45	8.00	40:56	5:06	1	-	3	0:45
Parkplatz an der	8.00	41:14	5:09	2	0:33	5	4:22	16.00	1:22:10	5:08	1	-	4	4:46