



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Darr, Susanne

Club: Ruhla
Number: 15

Course: 16.00 km
16 km-Lauf

Category:
Seniorinnen W30 (30-34)

Total time: 1:23:38

Speed: 11.48 km/h
Running performance: 5:14 min/km

Rank in course/Total: 33 (of 154)

Rank in course/Women: 5 (of 62)

Best time in course: 1:17:24

Rank in category: 1(of 9)

Best time in the category: 1:23:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	41:32	5:11	1	-	4	1:21	8.00	41:32	5:11	1	-	4	1:21
Parkplatz an der	8.00	42:06	5:15	1	-	6	5:14	16.00	1:23:38	5:13	1	-	5	6:14