



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Hähnlein, Andre

Club: Ohrdruf

Number: 42

Course: 16.00 km

16 km-Lauf

Category:

Senioren M45 (45-49)

Total time: 1:24:00

Speed: 11.43 km/h

Running performance: 5:15 min/km

Rank in course/Total: 35 (of 154)

Rank in course/Men: 30 (of 92)

Best time in course: 59:39

Rank in category: 4(of 15)

Best time in the category: 1:20:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	42:08	5:15	3	1:16	28	12:07	8.00	42:08	5:15	3	1:16	28	12:07
Parkplatz an der	8.00	41:52	5:14	5	2:09	34	12:14	16.00	1:24:00	5:15	4	3:25	30	24:21