



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Neubert, Patrick

Club: Ohrdruf OT Gräfenhain

Number: 77

Course: 16.00 km

16 km-Lauf

Category:

Senioren M30 (30-34)

Total time: 1:25:32

Speed: 11.22 km/h

Running performance: 5:21 min/km

Rank in course/Total: 42 (of 154)

Rank in course/Men: 36 (of 92)

Best time in course: 59:39

Rank in category: 4(of 6)

Best time in the category: 1:11:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	44:10	5:31	4	8:48	40	14:09	8.00	44:10	5:31	4	8:48	40	14:09
Parkplatz an der	8.00	41:22	5:10	3	5:43	30	11:44	16.00	1:25:32	5:20	4	14:31	36	25:53