



# 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

## Detailed evaluation

Schink, Anja

Club: Sport für Spenden

Number: 100

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W50 (50-54)

Total time: 1:26:59

Speed: 11.04 km/h

Running performance: 5:26 min/km

Rank in course/Total: 48 (of 154)

Rank in course/Women: 9 (of 62)

Best time in course: 1:17:24

Rank in category: 2(of 3)

Best time in the category: 1:18:53

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score  |                 | Total ranking |               |                 |             |                |              |                 |
|------------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
|                  |             |               |                 |             |                | Pos<br>Women | Behind<br>Women | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Women | Behind<br>Women |
| Zwischenzeit     | 8.00        | 43:56         | 5:29            | 2           | 3:45           | 9            | 3:45            | 8.00          | 43:56         | 5:29            | 2           | 3:45           | 9            | 3:45            |
| Parkplatz an der | 8.00        | 43:03         | 5:22            | 2           | 4:21           | 10           | 6:11            | 16.00         | 1:26:59       | 5:26            | 2           | 8:06           | 9            | 9:35            |