



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Hähnlein, Marcel

Club: Gräfenhain

Number: 43

Course: 16.00 km

16 km-Lauf

Category:

Senioren M35 (35-39)

Total time: 1:28:16

Speed: 10.88 km/h

Running performance: 5:31 min/km

Rank in course/Total: 50 (of 154)

Rank in course/Men: 41 (of 92)

Best time in course: 59:39

Rank in category: 10(of 15)

Best time in the category: 1:03:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	42:51	5:21	9	11:35	35	12:50	8.00	42:51	5:21	9	11:35	35	12:50
Parkplatz an der	8.00	45:25	5:40	12	13:25	61	15:47	16.00	1:28:16	5:30	10	25:00	41	28:37