



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Sorge, Lucas

Club: Erdinger Active Team

Number: 121

Course: 16.00 km

16 km-Lauf

Category:

Senioren M35 (35-39)

Total time: 1:28:22

Speed: 10.86 km/h

Running performance: 5:31 min/km

Rank in course/Total: 52 (of 154)

Rank in course/Men: 42 (of 92)

Best time in course: 59:39

Rank in category: 11(of 15)

Best time in the category: 1:03:16

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	km	Time			min/km	Pos Men	Behind Men
Zwischenzeit	8.00	45:44	5:43	13	14:28	46	15:43	8.00	45:44	5:43	13	14:28	46	15:43
Parkplatz an der	8.00	42:38	5:19	9	10:38	39	13:00	16.00	1:28:22	5:31	11	25:06	42	28:43