



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Großmann, Lena

Club: Gotha

Number: 40

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W30 (30-34)

Total time: 1:28:18

Speed: 10.87 km/h

Running performance: 5:31 min/km

Rank in course/Total: 51 (of 154)

Rank in course/Women: 10 (of 62)

Best time in course: 1:17:24

Rank in category: 3(of 9)

Best time in the category: 1:23:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	43:57	5:29	3	2:25	10	3:46	8.00	43:57	5:29	3	2:25	10	3:46
Parkplatz an der	8.00	44:21	5:32	3	2:15	14	7:29	16.00	1:28:18	5:31	3	4:40	10	10:54