



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Seeber, Anna

Club: Ohrdruf

Number: 111

Course: 16.00 km

16 km-Lauf

Category:

weibliche Jugend U20 (18-19)

Total time: 1:28:40

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 53 (of 154)

Rank in course/Women: 11 (of 62)

Best time in course: 1:17:24

Rank in category: 1(of 2)

Best time in the category: 1:28:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	46:26	5:48	1	-	18	6:15	8.00	46:26	5:48	1	-	18	6:15
Parkplatz an der	8.00	42:14	5:16	1	-	7	5:22	16.00	1:28:40	5:32	1	-	11	11:16