



# 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

## Detailed evaluation

**Volkenanntdt, Janine**

Club: TRCT Racing Team

Number: 140

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 1:28:57

Speed: 10.79 km/h

Running performance: 5:34 min/km

Rank in course/Total: 55 (of 154)

Rank in course/Women: 13 (of 62)

Best time in course: 1:17:24

Rank in category: 4(of 13)

Best time in the category: 1:22:10

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	44:57	5:37	4	4:01	12	4:46	8.00	44:57	5:37	4	4:01	12	4:46
Parkplatz an der	8.00	44:00	5:30	4	3:19	13	7:08	16.00	1:28:57	5:33	4	6:47	13	11:33