



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Klöpfel, Jürgen

Club: Laufclub Rudolstadt e.V.

Number: 59

Course: 16.00 km

16 km-Lauf

Category:

Senioren M60 (60-64)

Total time: 1:29:33

Speed: 10.72 km/h

Running performance: 5:36 min/km

Rank in course/Total: 60 (of 154)

Rank in course/Men: 46 (of 92)

Best time in course: 59:39

Rank in category: 2(of 5)

Best time in the category: 1:18:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	45:56	5:44	2	6:03	51	15:55	8.00	45:56	5:44	2	6:03	51	15:55
Parkplatz an der	8.00	43:37	5:27	2	4:49	47	13:59	16.00	1:29:33	5:35	2	10:52	46	29:54