



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Bezold-Andreas, Andreas

Club: Ohrdruf

Number: 6

Course: 16.00 km

16 km-Lauf

Category:

Senioren M45 (45-49)

Total time: 1:29:36

Speed: 10.71 km/h

Running performance: 5:36 min/km

Rank in course/Total: 61 (of 154)

Rank in course/Men: 47 (of 92)

Best time in course: 59:39

Rank in category: 9(of 15)

Best time in the category: 1:20:35

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit | 8.00 | 46:04 | 5:45 | 10 | 5:12 | 54 | 16:03 | 8.00 | 46:04 | 5:45 | 10 | 5:12 | 54 | 16:03 |
| Parkplatz an der | 8.00 | 43:32 | 5:26 | 8 | 3:49 | 45 | 13:54 | 16.00 | 1:29:36 | 5:35 | 9 | 9:01 | 47 | 29:57 |