



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Schilling, Christian

Club: Rosenthal am Rennsteig

Number: 99

Course: 16.00 km

16 km-Lauf

Category:

Senioren M45 (45-49)

Total time: 1:29:43

Speed: 10.70 km/h

Running performance: 5:37 min/km

Rank in course/Total: 63 (of 154)

Rank in course/Men: 49 (of 92)

Best time in course: 59:39

Rank in category: 10(of 15)

Best time in the category: 1:20:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	46:02	5:45	9	5:10	52	16:01	8.00	46:02	5:45	9	5:10	52	16:01
Parkplatz an der	8.00	43:41	5:27	9	3:58	48	14:03	16.00	1:29:43	5:36	10	9:08	49	30:04