



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

**Hahn, Marco**

Club: Lauffreunde Urbach

Number: 41

Course: 16.00 km

16 km-Lauf

Category:

Senioren M50 (50-54)

Total time: 1:30:47

Speed: 10.57 km/h

Running performance: 5:40 min/km

Rank in course/Total: 66 (of 154)

Rank in course/Men: 52 (of 92)

Best time in course: 59:39

Rank in category: 3(of 8)

Best time in the category: 1:16:39

### Intermediate times

### Stage score

### Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Zwischenzeit     | 8.00        | 46:32         | 5:48            | 3           | 8:03           | 57         | 16:31         | 8.00        | 46:32         | 5:48            | 3           | 8:03           | 57         | 16:31         |
| Parkplatz an der | 8.00        | 44:15         | 5:31            | 5           | 6:05           | 51         | 14:37         | 16.00       | 1:30:47       | 5:40            | 3           | 14:08          | 52         | 31:08         |