



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Kloß, Holger

Club: Skiverein Crawinkel

Number: 60

Course: 16.00 km

16 km-Lauf

Category:

Senioren M45 (45-49)

Total time: 1:30:42

Speed: 10.58 km/h

Running performance: 5:40 min/km

Rank in course/Total: 65 (of 154)

Rank in course/Men: 51 (of 92)

Best time in course: 59:39

Rank in category: 11(of 15)

Best time in the category: 1:20:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	49:25	6:10	11	8:33	72	19:24	8.00	49:25	6:10	11	8:33	72	19:24
Parkplatz an der	8.00	41:17	5:09	4	1:34	29	11:39	16.00	1:30:42	5:40	11	10:07	51	31:03