



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Sever, Johannes

Club: FSV 06 Ohratal

Number: 119

Course: 16.00 km

16 km-Lauf

Category:

Senioren M30 (30-34)

Total time: 1:32:47

Speed: 10.35 km/h

Running performance: 5:48 min/km

Rank in course/Total: 77 (of 154)

Rank in course/Men: 60 (of 92)

Best time in course: 59:39

Rank in category: 6(of 6)

Best time in the category: 1:11:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Pos Cat.	Behind Cat.	Total ranking		
						Pos Men	Behind Men	Total km	Total Time			Total min/km	Pos Men	Behind Men
Zwischenzeit	8.00	47:45	5:58	6	12:23	61	17:44	8.00	47:45	5:58	6	12:23	61	17:44
Parkplatz an der	8.00	45:02	5:37	5	9:23	58	15:24	16.00	1:32:47	5:47	6	21:46	60	33:08