



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Kleinke, Nadine

Club: Fitnessoase Ohrdruf

Number: 58

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W45 (45-49)

Total time: 1:34:42

Speed: 10.14 km/h

Running performance: 5:55 min/km

Rank in course/Total: 86 (of 154)

Rank in course/Women: 21 (of 62)

Best time in course: 1:17:24

Rank in category: 2(of 5)

Best time in the category: 1:32:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	47:36	5:57	2	2:48	22	7:25	8.00	47:36	5:57	2	2:48	22	7:25
Parkplatz an der	8.00	47:06	5:53	1	-	19	10:14	16.00	1:34:42	5:55	2	2:07	21	17:18