



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Pahlke, David

Club: SpontanRunners

Number: 82

Course: 16.00 km

16 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:35:10

Speed: 10.09 km/h

Running performance: 5:57 min/km

Rank in course/Total: 87 (of 154)

Rank in course/Men: 66 (of 92)

Best time in course: 59:39

Rank in category: 12(of 23)

Best time in the category: 1:06:49

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Zwischenzeit | 8.00 | 49:01 | 6:07 | 14 | 15:16 | 68 | 19:00 | 8.00 | 49:01 | 6:07 | 14 | 15:16 | 68 | 19:00 |
| Parkplatz an der | 8.00 | 46:09 | 5:46 | 13 | 13:05 | 64 | 16:31 | 16.00 | 1:35:10 | 5:56 | 12 | 28:21 | 66 | 35:31 |