



## 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

### Detailed evaluation

**Löchner, Jens**

Club: Spontanrunners

Number: 69

Course: 16.00 km

16 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:35:10

Speed: 10.09 km/h

Running performance: 5:57 min/km

Rank in course/Total: 88 (of 154)

Rank in course/Men: 66 (of 92)

Best time in course: 59:39

Rank in category: 12(of 23)

Best time in the category: 1:06:49

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	8.00	49:01	6:07	14	15:16	68	19:00	8.00	49:01	6:07	14	15:16	68	19:00
Parkplatz an der	8.00	46:09	5:46	13	13:05	64	16:31	16.00	1:35:10	5:56	12	28:21	66	35:31