



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Rudolph, Lukas

Club: FSV 06 Ohratal

Number: 96

Course: 16.00 km

16 km-Lauf

Category:

Männer (20-29)

Total time: 1:36:23

Speed: 9.96 km/h

Running performance: 6:01 min/km

Rank in course/Total: 93 (of 154)

Rank in course/Men: 71 (of 92)

Best time in course: 59:39

Rank in category: 11(of 13)

Best time in the category: 59:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	47:46	5:58	9	17:45	62	17:45	8.00	47:46	5:58	9	17:45	62	17:45
Parkplatz an der	8.00	48:37	6:04	11	18:59	75	18:59	16.00	1:36:23	6:01	11	36:44	71	36:44