



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Haase, Thomas

Total time: 1:37:38

Number: 358

Speed: 9.83 km/h

Running performance: 6:06 min/km

Course: 16.00 km

Rank in course/Total: 96 (of 154)

16 km-Lauf

Rank in course/Men: 73 (of 92)

Best time in course: 59:39

Category:

Rank in category: 16(of 23)

Senioren M40 (40-44)

Best time in the category: 1:06:49

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Zwischenzeit	8.00	51:38	6:27	21	17:53	83	21:37	8.00	51:38	6:27	21	17:53	83	21:37
Parkplatz an der	8.00	46:00	5:45	12	12:56	63	16:22	16.00	1:37:38	6:06	16	30:49	73	37:59