



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Heyer, Holger

Club: Skiverein Crawinkel

Number: 47

Course: 16.00 km

16 km-Lauf

Category:

Senioren M50 (50-54)

Total time: 1:38:51

Speed: 9.71 km/h

Running performance: 6:11 min/km

Rank in course/Total: 102 (of 154)

Rank in course/Men: 77 (of 92)

Best time in course: 59:39

Rank in category: 6(of 8)

Best time in the category: 1:16:39

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	49:34	6:11	5	11:05	75	19:33	8.00	49:34	6:11	5	11:05	75	19:33
Parkplatz an der	8.00	49:17	6:09	6	11:07	78	19:39	16.00	1:38:51	6:10	6	22:12	77	39:12