



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Trautmann, Björn

Club: Drei Gleichen

Number: 136

Course: 16.00 km

16 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:39:15

Speed: 9.67 km/h

Running performance: 6:12 min/km

Rank in course/Total: 103 (of 154)

Rank in course/Men: 78 (of 92)

Best time in course: 59:39

Rank in category: 19(of 23)

Best time in the category: 1:06:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	51:44	6:28	22	17:59	86	21:43	8.00	51:44	6:28	22	17:59	86	21:43
Parkplatz an der	8.00	47:31	5:56	16	14:27	72	17:53	16.00	1:39:15	6:12	19	32:26	78	39:36