



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Brückmann, Isabell

Club: Herrenhof

Number: 10

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W35 (35-39)

Total time: 1:39:47

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 104 (of 154)

Rank in course/Women: 26 (of 62)

Best time in course: 1:17:24

Rank in category: 7(of 19)

Best time in the category: 1:20:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	50:04	6:15	9	7:33	31	9:53	8.00	50:04	6:15	9	7:33	31	9:53
Parkplatz an der	8.00	49:43	6:12	6	11:39	25	12:51	16.00	1:39:47	6:14	7	19:12	26	22:23