



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Schafft, Carsten

Club: Die Teigmacher

Number: 3

Course: 16.00 km

16 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:39:51

Speed: 9.61 km/h

Running performance: 6:14 min/km

Rank in course/Total: 106 (of 154)

Rank in course/Men: 79 (of 92)

Best time in course: 59:39

Rank in category: 20(of 23)

Best time in the category: 1:06:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	51:10	6:23	20	17:25	81	21:09	8.00	51:10	6:23	20	17:25	81	21:09
Parkplatz an der	8.00	48:41	6:05	18	15:37	76	19:03	16.00	1:39:51	6:14	20	33:02	79	40:12