



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Schneider, Loreen

Club: Herrenhof

Number: 103

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W30 (30-34)

Total time: 1:39:47

Speed: 9.62 km/h

Running performance: 6:14 min/km

Rank in course/Total: 105 (of 154)

Rank in course/Women: 26 (of 62)

Best time in course: 1:17:24

Rank in category: 5(of 9)

Best time in the category: 1:23:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	50:02	6:15	5	8:30	30	9:51	8.00	50:02	6:15	5	8:30	30	9:51
Parkplatz an der	8.00	49:45	6:13	5	7:39	26	12:53	16.00	1:39:47	6:14	5	16:09	26	22:23