



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Pfeuffer, Nathalie

Club: Ilmenau

Number: 85

Course: 16.00 km

16 km-Lauf

Category:

Frauen (20-29)

Total time: 1:40:25

Speed: 9.56 km/h

Running performance: 6:17 min/km

Rank in course/Total: 109 (of 154)

Rank in course/Women: 30 (of 62)

Best time in course: 1:17:24

Rank in category: 3(of 6)

Best time in the category: 1:17:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	49:40	6:12	3	9:08	29	9:29	8.00	49:40	6:12	3	9:08	29	9:29
Parkplatz an der	8.00	50:45	6:20	4	13:53	31	13:53	16.00	1:40:25	6:16	3	23:01	30	23:01