



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Edelmann, Frank

Club: Schleuse-Sport e.V.

Number: 24

Course: 16.00 km

16 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:40:30

Speed: 9.55 km/h

Running performance: 6:17 min/km

Rank in course/Total: 111 (of 154)

Rank in course/Men: 80 (of 92)

Best time in course: 59:39

Rank in category: 21(of 23)

Best time in the category: 1:06:49

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	48:46	6:05	13	15:01	67	18:45	8.00	48:46	6:05	13	15:01	67	18:45
Parkplatz an der	8.00	51:44	6:28	21	18:40	82	22:06	16.00	1:40:30	6:16	21	33:41	80	40:51