



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Teuber, Lydia

Club: Suhl

Number: 131

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W30 (30-34)

Total time: 1:40:19

Speed: 9.57 km/h

Running performance: 6:16 min/km

Rank in course/Total: 107 (of 154)

Rank in course/Women: 28 (of 62)

Best time in course: 1:17:24

Rank in category: 6(of 9)

Best time in the category: 1:23:38

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	50:30	6:18	6	8:58	32	10:19	8.00	50:30	6:18	6	8:58	32	10:19
Parkplatz an der	8.00	49:49	6:13	6	7:43	28	12:57	16.00	1:40:19	6:16	6	16:41	28	22:55