



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Oberländer, Claudia

Club: Gotha

Number: 79

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W35 (35-39)

Total time: 1:42:04

Speed: 9.41 km/h

Running performance: 6:23 min/km

Rank in course/Total: 115 (of 154)

Rank in course/Women: 34 (of 62)

Best time in course: 1:17:24

Rank in category: 10(of 19)

Best time in the category: 1:20:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	51:06	6:23	12	8:35	38	10:55	8.00	51:06	6:23	12	8:35	38	10:55
Parkplatz an der	8.00	50:58	6:22	8	12:54	32	14:06	16.00	1:42:04	6:22	10	21:29	34	24:40