



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Langhammer, Anna

Club: Ohrdruf

Number: 65

Course: 16.00 km

16 km-Lauf

Category:

weibliche Jugend U20 (18-19)

Total time: 1:42:48

Speed: 9.34 km/h

Running performance: 6:25 min/km

Rank in course/Total: 119 (of 154)

Rank in course/Women: 37 (of 62)

Best time in course: 1:17:24

Rank in category: 2 (of 2)

Best time in the category: 1:28:40

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	49:36	6:12	2	3:10	28	9:25	8.00	49:36	6:12	2	3:10	28	9:25
Parkplatz an der	8.00	53:12	6:39	2	10:58	41	16:20	16.00	1:42:48	6:25	2	14:08	37	25:24