



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Franzke, Iris

Club: Ilmenau-Frauenwald

Number: 31

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W55 (55-59)

Total time: 1:43:14

Speed: 9.30 km/h

Running performance: 6:27 min/km

Rank in course/Total: 121 (of 154)

Rank in course/Women: 38 (of 62)

Best time in course: 1:17:24

Rank in category: 1(of 2)

Best time in the category: 1:43:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	51:11	6:23	1	-	39	11:00	8.00	51:11	6:23	1	-	39	11:00
Parkplatz an der	8.00	52:03	6:30	1	-	35	15:11	16.00	1:43:14	6:27	1	-	38	25:50