



# 32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

## Detailed evaluation

**Stroech, Sylvia**

Club: Böllibande

Number: 129

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W35 (35-39)

Total time: 1:44:13

Speed: 9.21 km/h

Running performance: 6:31 min/km

Rank in course/Total: 123 (of 154)

Rank in course/Women: 39 (of 62)

Best time in course: 1:17:24

Rank in category: 11(of 19)

Best time in the category: 1:20:35

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	50:44	6:20	10	8:13	34	10:33	8.00	50:44	6:20	10	8:13	34	10:33
Parkplatz an der	8.00	53:29	6:41	11	15:25	42	16:37	16.00	1:44:13	6:30	11	23:38	39	26:49