



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Brand, Marco

Club: OKV

Number: 7

Course: 16.00 km

16 km-Lauf

Category:

Senioren M45 (45-49)

Total time: 1:45:16

Speed: 9.12 km/h

Running performance: 6:35 min/km

Rank in course/Total: 126 (of 154)

Rank in course/Men: 86 (of 92)

Best time in course: 59:39

Rank in category: 14(of 15)

Best time in the category: 1:20:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	53:23	6:40	15	12:31	88	23:22	8.00	53:23	6:40	15	12:31	88	23:22
Parkplatz an der	8.00	51:53	6:29	14	12:10	83	22:15	16.00	1:45:16	6:34	14	24:41	86	45:37