



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Flemming, Anita

Club: SV Schwabhausen

Number: 30

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W40 (40-44)

Total time: 1:46:13

Speed: 9.04 km/h

Running performance: 6:38 min/km

Rank in course/Total: 130 (of 154)

Rank in course/Women: 43 (of 62)

Best time in course: 1:17:24

Rank in category: 9(of 13)

Best time in the category: 1:22:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	53:02	6:37	9	12:06	44	12:51	8.00	53:02	6:37	9	12:06	44	12:51
Parkplatz an der	8.00	53:11	6:38	9	12:30	40	16:19	16.00	1:46:13	6:38	9	24:03	43	28:49