



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Schreiber, Jana

Club: Obermaßfeld-Grimmenthal

Number: 107

Course: 16.00 km

16 km-Lauf

Category:

Seniorinnen W45 (45-49)

Total time: 1:47:43

Speed: 8.91 km/h

Running performance: 6:44 min/km

Rank in course/Total: 133 (of 154)

Rank in course/Women: 46 (of 62)

Best time in course: 1:17:24

Rank in category: 4(of 5)

Best time in the category: 1:32:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	54:10	6:46	4	9:22	50	13:59	8.00	54:10	6:46	4	9:22	50	13:59
Parkplatz an der	8.00	53:33	6:41	4	6:27	43	16:41	16.00	1:47:43	6:43	4	15:08	46	30:19