



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Cott, Rene

Club: Eisenach

Number: 14

Course: 16.00 km

16 km-Lauf

Category:

Senioren M40 (40-44)

Total time: 1:50:27

Speed: 8.69 km/h

Running performance: 6:54 min/km

Rank in course/Total: 139 (of 154)

Rank in course/Men: 89 (of 92)

Best time in course: 59:39

Rank in category: 23(of 23)

Best time in the category: 1:06:49

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Zwischenzeit | 8.00 | 55:32 | 6:56 | 23 | 21:47 | 89 | 25:31 | 8.00 | 55:32 | 6:56 | 23 | 21:47 | 89 | 25:31 |
| Parkplatz an der | 8.00 | 54:55 | 6:51 | 23 | 21:51 | 88 | 25:17 | 16.00 | 1:50:27 | 6:54 | 23 | 43:38 | 89 | 50:48 |