



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Schwede, Steffi

Total time: 1:51:12

Number: 518

Speed: 8.63 km/h

Running performance: 6:57 min/km

Course: 16.00 km

Rank in course/Total: 140 (of 154)

16 km-Lauf

Rank in course/Women: 51 (of 62)

Best time in course: 1:17:24

Category:

Rank in category: 11(of 13)

Seniorinnen W40 (40-44)

Best time in the category: 1:22:10

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total		Total		Total		
								km	Time	min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Zwischenzeit	8.00	53:49	6:43	11	12:53	48	13:38	8.00	53:49	6:43	11	12:53	48	13:38
Parkplatz an der	8.00	57:23	7:10	11	16:42	53	20:31	16.00	1:51:12	6:57	11	29:02	51	33:48