



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Berwing, Dieter

Club: SV TU-Ilmenau

Number: 5

Course: 16.00 km

16 km-Lauf

Category:

Senioren M60 (60-64)

Total time: 2:04:43

Speed: 7.70 km/h

Running performance: 7:47 min/km

Rank in course/Total: 150 (of 154)

Rank in course/Men: 92 (of 92)

Best time in course: 59:39

Rank in category: 5(of 5)

Best time in the category: 1:18:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Zwischenzeit	8.00	1:04:08	8:01	5	24:15	92	34:07	8.00	1:04:08	8:01	5	24:15	92	34:07
Parkplatz an der	8.00	1:00:35	7:34	5	21:47	91	30:57	16.00	2:04:43	7:47	5	46:02	92	1:05:04