



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Reinhardt, Heike

Club: Ohrdruf

Number: 523

Course: 16.00 km

16 km Nordic Walking

Category:

weiblich Nordic Walking

Total time: 2:19:20

Speed: 6.89 km/h

Running performance: 8:43 min/km

Rank in course/Total: 8 (of 40)

Rank in course/Women: 4 (of 33)

Best time in course: 2:10:22

Rank in category: 4(of 33)

Best time in the category: 2:10:22