



32. Ohratalsperrenlauf

Parkplatz an der Ohratalsperre / 01.05.2023

Detailed evaluation

Sauer, Lisa

Club: Dermbach

Number: 527

Course: 16.00 km

16 km Nordic Walking

Category:

weiblich Nordic Walking

Total time: 2:30:28

Speed: 6.38 km/h

Running performance: 9:24 min/km

Rank in course/Total: 23 (of 40)

Rank in course/Women: 17 (of 33)

Best time in course: 2:10:22

Rank in category: 17(of 33)

Best time in the category: 2:10:22